

# Good Hard Recipe Times

**Good Hard Recipe Times** - Staples for Hard Times. Soak them overnight and rinse in the morning adding fresh water. Put those on to cook either in a crockpot or in a pan on the stove. Add a couple of pieces of bacon. At the same time you put the beans to soak, take a cup of milk, a cup of flour, and a teaspoon of sugar, and blend together. Good Food for Hard Times. There is a section at the end of the list labeled EXTRAS. It includes items which cost more, but which add flavor and variety to a very frugal diet. You'll find items like canned chipotle peppers and sesame oil. You don't need these things, but they don't cost much and they add a lot of flavor for very little cost. Any good hard times recipe? I need some hard-times recipes, other than ketchup soup, which i have been eating for the last week. I dont get paid for another week, and i'm hungry as all hell. i dont have any money because i pay extremely high child support to the lazy, unemployed, unfit mother of my child. Good Cooking for Hard Times Inexpensive, time saving recipes featuring locally grown food weighted toward Michael Pollan's mantra, "Eat food, not too much, mainly plants." Skip to content